

The Martlets Hospice Walk to Remember

Sunday 11th March 2012. Start from 2.30pm

Enter online

www.themartlets.org.uk/walk



The Martlets Walk To Remember

is a family friendly sponsored walk along Hove seafront. Everyone's welcome, you don't need a connection to the Hospice.

Choose from a 3 mile, 5 mile or 12 mile walk, the 12 mile walk starts at midday, the 3 and 5 mile walks start at 2.30pm.

Registration is £10 for adults, £5 for children or a family ticket is £20 including 2 adults and 2 children under 16.

Walkers are asked to raise sponsorship for the Martlets Hospice, all the money raised from this event will help us continue our valuable work.

Bring along a photo of loved one or complete a dedication card for your loved one to add to the Martlets memory wall at the Walk to Remember.

How your sponsorship helps...

£29 would provide one staff uniform

£37 would pay for one counselling session for families and patients

£56 would pay for two Occupational Therapy sessions

£104 would support and train one hospice volunteer for one year

£123 would enable one patient to be nursed at home for one day

£132 would pay for two physiotherapy sessions

Martlets Remembrance Garden

If you can't join our Walk to Remember why not create a special tribute to someone you've lost in our online garden of remembrance. Light a candle in memory of your loved one, with candles among the trees and floating on the lake, you choose wherever you feel best suits your loved one.

You can share your tribute with family and friends via email or Facebook so they can light a candle in memory of their loved one.

Visit www.themartlets.org.uk/remembrance to light your candle and support the Martlets.

Scan the QR code to light your candle in our Remembrance garden.



The Martlets Hospice cares for people affected by terminal illness living in and around Brighton and Hove

We only receive 29% of our funding from the NHS, which means we must raise over £9,000 each and every day of the year to continue to ensure our patients enjoy a better life – and death.

How we care

Our 18 bed InPatient Unit where patients are cared for 24 hours a day, every day.

The Hospice at Home team enables patients to choose to die at home.

The Family Support team offers bereavement support to patients' loved ones for as long as they need it.

